

In some other cases, a frustrated team member may withdraw attempting to take as many as possible with him. This sometimes results in a new work being started down the street pastored by the departed.

There are times when believers working together must agree to disagree and part graciously. Paul, Barnabas, and John Mark made up the earliest foreign missions team recorded in the New Testament. After their successful journey to Cypress and the Roman province of Asia, and after the Council of Jerusalem, they came into conflict. Barnabas desired to give John Mark another chance at missionary work and sought to persuade Paul to take the younger man along (Acts 15: 36-37). Paul disagreed (vs. 38) and thought it unwise to take Barnabas' relative on the journey. Acts 15:39 says, "They had such a sharp disagreement that they parted company." Both men were blocked by the other in achieving their desired goals. Barnabas doubtless experienced frustration due to Paul's unwillingness to comply with his request. Paul, on the other hand, was frustrated with Barnabas' unwillingness to go without John Mark. The team broke up and each man organized his own team and went on with their missionary work (Acts 15:39b-41).

There is no evidence that their actions were judged to be sinful by the Lord. They did not attempt to hurt or hinder one another in the process of parting.

Lastly, a person who is constantly frustrated may refrain from aggression but may become cynical. Since so many efforts have seemingly gone awry, expectation is lowered to near zero. Work is done