

January 2, 1964

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just went up. ~~---a-~~ That illustrates a certain feeling that we do have--a ~~x~~ feeling of a new start. The ~~ye-~~ month that we are in now we call January and that is ~~a-me-~~ named after the old ~~g~~ Greek god Janus, and Janus was ~~bx~~ a god with two heads-- one looked backed and one looked forward. And I think there is in that an illustration of what they felt themselves right ous. That as the New Year starts we should look backward and we should look ahead. And we should stop and we should take stock, and we should ask ourselves Did we in 1963 move ahead or ~~de-~~ did we move backward. Was it a year of progress, or was it a year of retreat. We start with a new slate. It isn't really new. Your slate ~~ix~~ isn't clean. What you did last year le~~av~~es an effect on this year and on the years ~~n~~ ahead. But it is a mighty good thing to stop, to ~~lok~~ look back, not in the sense of mourning, not in the sense of grieving over w~~as~~ted opportunities, not in the ~~x~~ sense of carrying forward the ~~miser~~y ~~that-~~ miseries that were in last year, but in the sense of checking it to see what progress you have made, to see whethe~~r~~ you are really making progress and making some kind of an outline of some ~~so~~ goal for this year, to ~~kn~~ake this year a better year than last year. What of ~~x~~ last year will we remember. What is ~~te~~ re that we did last year that will make much difference with us in the rest of our lives. We had many pleasant experiences. We ate a good many good meals. We had lots of fun in various ways, but ~~jos~~t most of that we w~~o~~nt remember. We had some uncomfortable times perhaps. Perhaps we were hungry sometime~~s~~. ~~W~~ Perhaps we were cold some time~~s~~. We want remember that. But what did we do last year that ~~wet-~~will leave an effect in the ~~gx~~ future. How ~~n~~ much ~~has~~ have we done last year that we can carry forward and feel that our lives have been affected by it, Well, there are ~~four~~ ~~heardi~~ng headings under which we ~~che~~ could examine this. What ~~che~~ change, what ~~impo~~ improvement did we make ~~at~~ a year ~~spiritual~~ spiritually, mentally, ~~x~~ physically and socially. Most important of